

# smrac women's all-time lists

(TAC/R&TAC/SMRAC)

Last updated 18th August 2011

<b>100m</b>			<b>High Jump</b>		
11.8	Joanne Gardiner	1977	1.70	Alison Adams	1989
12.0	Jo White	2008	1.65	Jimenez Joseph	1995
12.5	Susan Palmer	1995	1.63	Ella Widdop-Gray	2011
12.6	Korane Idarousse	2007	1.60	Beatrice Collier	1991
12.75	Celia Quansah	2010	1.60	Hannah Potter	1993
12.8	Jimenez Joseph	1991	1.60	Tulsi Hansla	2008
13.0	Anna Richardson	2010	1.58	Celia Quansah	2010
13.1	Kirsty Brignall	1993	1.56	Christina Pagel	1990
13.1	Natalie Wright	1994	1.55	Michelle Forster	1988
13.2	Janice Deller	1984	1.55	Nicole Smyth	1990
			1.55	Jo White	2006
<b>200m</b>			<b>Pole Vault</b>		
24.4	Jo White	2008	2.20	Celia Quansah	2009
25.1	Joanne Gardiner	1977	2.20	Jessica Reifer	2010
25.2	Susan Palmer	1992	2.10	Liz Kipling	2000
25.7	Korane Idarousse	2007	1.90	Charlotte Bearn	2006
26.4	Anna Richardson	2010	1.90	Phoebe Stayt	2011
26.6	Jimenez Joseph	1998	1.80	Hattie Bertenshaw	1996
26.9	Sally Hedges	1974	1.80	Hannah Rogers	2009
26.9	Natalie Wright	1994	1.80	Annabel Sams	2010
26.93	Celia Quansah	2010	1.80	Emma Bevan	2011
27.2	Beccy Culverwell	2010	1.70	Emma Farquason	1998
			1.70	Alex McKenna	2007
			1.70	Rosie Beard	2008
			1.70	Julia Pearce	2009
<b>400m</b>			<b>Long Jump</b>		
57.9	Susan Palmer	1992	5.73	Ann Crump	1974
60.1	Beccy Culverwell	2009	5.68	Caroline Neal	197?
60.5	Kirsty Brignall	1996	5.65	Joanne Gardiner	1977
61.3	Jessica Reifer	2009	5.43	Celia Quansah	2010
61.7	Janice Deller	1984	5.28	Natalie Wright	1997
61.9	Kate Brook	2010	5.24	Jo White	2005
62.5	Clare King	1998	5.23	Korane Idarousse	2007
62.6	Debbie Stillman	1990	5.20	Jimenez Joseph	1995
62.7	Kathy Fulcher	1990	5.01	Kate Brook	2010
62.8	Kate Brown	2009	4.95	Cathy Fulcher	1990
<b>800m</b>			<b>Triple Jump</b>		
02:17.58	Liz Kipling	2010	11.05	Natalie Wright	1998
02:17.6	Clare King	1998	10.51	Tulsi Hansla	2009
02:18.2	Rebecca Taylor	2009	10.40	Kate Brook	2010
02:19.8	Molly Riglin	2010	9.88	Kirsty Brignall	1994
02:20.65	Kate Brown	2009	9.60	Jessica Reifer	2010
02:21.3	Debbie Stillman	1989	9.57	Jenny Ash	1994
02:21.33	Jessica Reifer	2009	9.49	Jacqui Van Rensberg	2001
02:21.57	Nadia Fidler	2006			
02:22.3	Kelly Macauley	1990			
02:22.43	Rebecca Killip	2010			



3713	Kate Brook	2010
3495	Beatrice Collier	1991
3428	Anna-Clare Vivian	1991