

South of England Athletic Association
Track & Field Championships 2011

Under 20 & Senior Championships

Julie Rose Stadium, Ashford, Kent TN24 9QX

Sat 18th & Sun 19th June - Closing Date: Tuesday 7th June 2011

Entry Fees: Under 20 - £10, **Senior** - £13 each event. **£1 extra for online entries.**

U20 Men (Saturday)

200m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 3000m S/Chase Final**, Pole Vault(3.40m)*, Triple Jump(13/11m)*, Hammer, Javelin

U20 Men (Sunday)

100m, 400m Final, 800m Final, 1500m Final, 5000m Final, 110m Hurdles, 400m Hurdles Final, High Jump(1.70m)*, Long Jump, Shot, Discus

U20 Women (Saturday)

200m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 3000m S/Chase Final**, High Jump(1.50m)*, Long Jump, Shot, Discus

U20 Women (Sunday)

100m, 400m Final, 800m Final, 1500m Final, 3000m Final, 100m Hurdles, 400m Hurdles Final, Pole Vault(2.30)*, Triple Jump(11/9/m)*, Hammer, Javelin

Senior Men (Saturday)

100m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 3000m S/Chase Final **, High Jump(1.80m)*, Long Jump, Shot, Discus

Senior Men (Sunday)

200m, 400m Final, 800m Final, 1500m Final, 5000m Final, 110m Hurdles, 400m Hurdles Final, Pole Vault(3.80m)*, Triple Jump(13m)*, Hammer, Javelin

Senior Women (Saturday)

100m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 3000m S/Chase Final**, Pole Vault(2.70m)*, Triple Jump(11m)*, Hammer, Javelin

Senior Women (Sunday)

200m, 400m Final, 800m Final, 1500m Final, 3000m Final, 100m Hurdles, 400m Hurdles Final, High Jump(1.55m)*, Long Jump, Shot, Discus

Under 15 & Under 17 Championships - Julie Rose Stadium, Ashford, Kent TN24 9QX

Sat 6th & 7th August - Closing Date: Tuesday 26th July 2011

Entry Fees: **Under 15 & Under 17** - £9 each event. **£1 extra for online entries.**

U17 Men (Saturday)

100m, 400m Heats, 800m Heats, 1500m Heats, 400m Hurdles Heats, 1500m S/Chase Heats, High Jump(1.65m)*, Long Jump, Shot, Discus

U17 Men (Sunday)

200m, 400m Final, 800m Final, 1500m Final, 100m Hurdles, 400m Hurdles Final, 1500m S/Chase Final, Pole Vault(2.80m)*, Triple Jump(13/11m)*, Hammer, Javelin

U17 Women (Saturday)

200m, 300m Heats, 800m Heats, 1500m Heats, 300m Hurdles Heats, Pole Vault(2.20m)*, Triple Jump(11/9m)*, Hammer, Javelin

U17 Women (Sunday)

100m, 300m Final, 800m Final, 1500m Final, 80m Hurdles, 300m Hurdles Final, High Jump(1.45m)*, Long Jump, Shot, Discus

U15 Boys (Saturday)

200m, 400m Heats, 800m Heats, 1500m Heats, 80m Hurdles, Pole Vault(2.30m)*, Triple Jump(11/9m)*, Hammer, Javelin

U15 Boys (Sunday)

100m, 400m Final, 800m Final, 1500m Final, High Jump(1.50m)*, Long Jump, Shot, Discus

U15 Girls (Saturday)

100m, 800m Heats, 1500m Heats, 75m Hurdles, High Jump(1.40m)*, Long Jump, Shot, Discus

U15 Girls (Sunday)

200m, 800m Final, 1500m Final, Pole Vault(1.90m)*, Triple Jump(9/7m)*, Hammer, Javelin

Please Note: Under Rule 107 (3) (iv) No Under 15 athlete is allowed to run in more than one event between 600m & 3000m inclusive on the same day
Therefore Under 15 athletes may only run in either 800m or 1500m heats on the same day but may enter both.

Under 15 & Under 17 3000m, Under 15 & Under 17 3000m & Under 20 & Senior 5000m Walk Championships

Tilsley Park, Abingdon, Oxfordshire OX14 1PU

Sat 30th and Sunday 31st July 2011, Closing Date - Tuesday 19th July

Entry Fees: **Under 15 & Under 17** - £9 each event. **£1 extra for online entries.**

Saturday

U15 Girls, U15 Boys, U17 Women, U17 Men 3000m Walks, U20 Women, U20 Men, Senior Women, Senior Men 5000m Walks

Sunday

U15 Girls, U15 Boys, U17 Women, U17 Men 3000m

*Events marked * show starting heights for HJ & PV and specified boards for the TJ.*

*Events marked ** are Steeplechase. Should the number of entries warrant it, heats will be run
on the Saturday with the final on Sunday.*

**The Association reserves the right to refuse or limit entries, vary the programme of events
and cancel Championships under extreme circumstances.
Furnishing false or misleading information may result in disqualification.**



Supported by

